# Impact of transitional care management (TCM) calls on 30-day readmission rates in patients with heart failure

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## **Background & Purpose**



TCM interventions improves quality of life, patient satisfaction and financial health

# PROGRAM EVALUATION

? Impact of 48-hour Post Discharge Call (PDC)



Connection with PCP

30-day **readmission** rate

### Methods

#### **POPULATION**

Discharged with heart failure diagnosis (N=350)





Population Health Nurses (N=8)

Setting:

Academic Medical Center in Chicago, IL

#### INTERVENTION



3-month span



TCM script review completed

## **Findings**



**36%** increase in post-discharge calls



**100%** of patients with PDC had scheduled and completed appointments



Opportunity to **strengthen partnerships** with already existing programs



Explore effectiveness of TCM on other patient populations

Summary: TCM calls are valuable in connecting patients with providers in a timely manner. Getting patients connected to a nurse immediately after discharge can improve their chances of completing a post-discharge appointment