

Identifying Fall Risk in Skilled Nursing Facilities



Johns Hopkins Fall Risk Assessment Tool paired with Targeted Interventions and Fall Prevention Education Champions Lesser Falls

Prevent a Fall

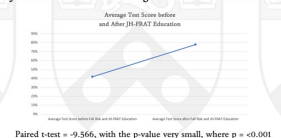


Pretest-Posttest Design

Utilize a Pre-test and Post-Test Design to Evaluate Nursing Knowledge



Average Fall Prevention Test Scores before and after JH-FRAT Education and Targeted Intervention Education



Interventions 2 Prong Approach

Reduced Falls

JH-FRAT is a Seven item tool to assess risk of an anticipated physiological inpatient fall and enable early fall risk detection so that timely prevention action items could protect at-risk adults from harm

- Integrate the JH-FRAT
- Educate nurses on the use of the JH-FRAT
- Provide nursing education translation (what to do) – individualized care for residents who are at high or moderate fall risk
- Examples of Interventions: Engaging the residents in structured activities, Utilizing 2 staff members to care for the resident at all times, Toileting schedules, a rehab referral, and reminder signs



Fall Risk Assessment Tool	
1. Is the resident on a fall risk assessment tool?	Yes/No
2. Is the resident on a fall risk assessment tool?	Yes/No
3. Is the resident on a fall risk assessment tool?	Yes/No
4. Is the resident on a fall risk assessment tool?	Yes/No
5. Is the resident on a fall risk assessment tool?	Yes/No
6. Is the resident on a fall risk assessment tool?	Yes/No
7. Is the resident on a fall risk assessment tool?	Yes/No
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13. Is the resident on a fall risk assessment tool?	Yes/No
14. Is the resident on a fall risk assessment tool?	Yes/No
15. Is the resident on a fall risk assessment tool?	Yes/No
16. Is the resident on a fall risk assessment tool?	Yes/No
17. Is the resident on a fall risk assessment tool?	Yes/No
18. Is the resident on a fall risk assessment tool?	Yes/No
19. Is the resident on a fall risk assessment tool?	Yes/No
20. Is the resident on a fall risk assessment tool?	Yes/No



Systems Leadership

Fewer Falls

Preventative Processes
Fall Risk Scores and Targeted Interventions discussed by Day 2

Suggestions and Innovative Ideas
Front-Line Staff

Staffing Barriers
Data Analysis on Workload and Acuity needed
With Alteration of Nursing Shifts to support the nursing workload

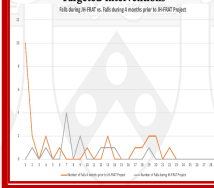
Standardized Safety Huddles and Unit Staff Meetings

Transparent Communication
Front-line staff – Notification of New Targeted Interventions

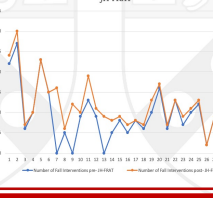
Implemented Targeted Interventions – Post Fall



Number of Falls Four months prior and Number of Falls after JH-FRAT with use of Targeted Interventions



Overall Number of Targeted Interventions Pre and Post JH-FRAT



Comparison of Number of Targeted Interventions before JH-FRAT Project for Residents who Fall compared to Number of Targeted Interventions Post-JH-FRAT for Residents who fall during JH-FRAT Project

