

## **Promotion of Smoking Cessation in Correctional Facilities** Christine Foreman, MSN, CRNP, FNP-BC Dr. Sue Renz, PhD, DNP, GNP-BC (Faculty Advisor)

#### **POPULATION**



Inmates during and post-incarceration are 3 to 4 times more than the general population to use tobacco (Garver-Apgar et al., 2023)

Lack of resources, relapse prevention programs and interventions provided to inmates (Garver-Apgar et al., 2023

#### INTERVENTION

Quality improvement project used a pretest and post design utilizing the 5As model

# **ASK**

Do you use tobacco?

- \* Every Inmate
- \* Every non emergent

## **ADVISE**

To quit

Offer Educational Handout

## **ASSESS**

\* Are you willing to quit

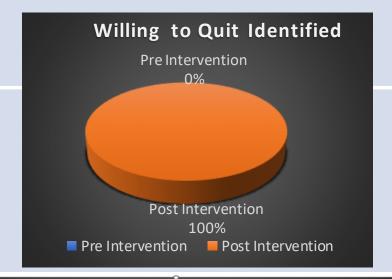
#### **ASSIST**

\*If No- Encourage Cessation

If Yes-Offer handout on Nicotine Patch

#### **Conclusion**

Project evaluation showed the value of 5As to identify inmates who smoke and provide resources and support to smoking cessation





## **ARRANGE**

- \* Follow up encounter
- \* Perform 5As at every non emergent encounter

