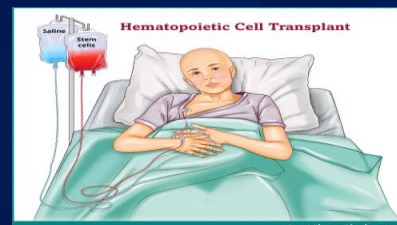
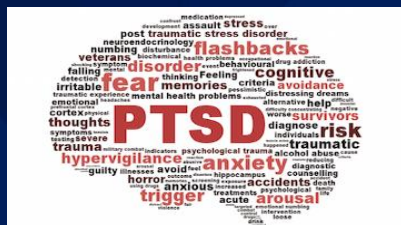


PTSD Screening of Pre-Hematopoietic Stem Cell Transplant Patients

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Problem:

- Post-Traumatic Stress Disorder (PTSD) has been found in up to 28% of patients with symptoms peaking at 6 months post -Hematopoietic Stem Cell Transplant (HSCT). No recommended psychosocial screenings currently exist.



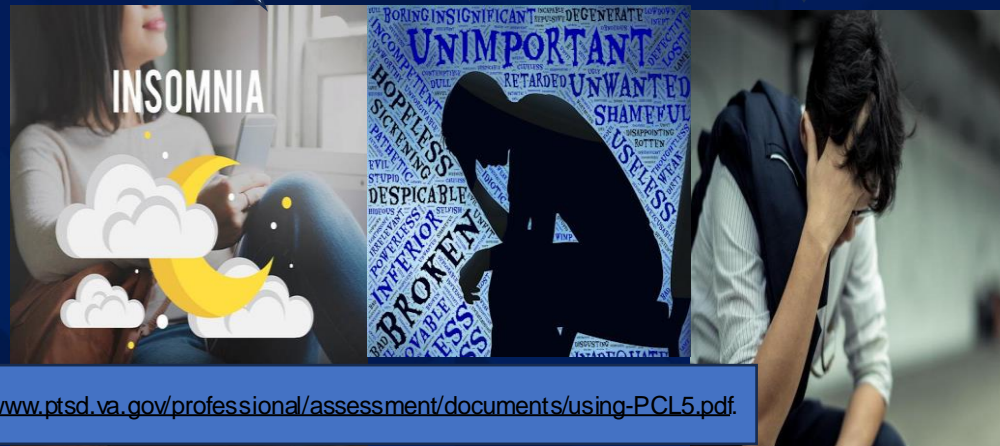
Themes:

Even among patients without scores indicating PTSD, there were consistently positive responses to certain questions.

Q. Trouble sleeping?

Q. Feeling distant?

Q. Repeated, disturbing memories?



Findings:

- Two patients (11.1%) were (+) PTSD.
- 1 (50%) was referred to Psychiatry.
- There were no demographic trends for risks for PTSD in this group.

Conclusion:

- There was no statistical significance for frequency of PTSD or trends identify for coping referrals ($p=0.111$).
- Pre-HSCT patients require help with insomnia, feeling distant, with recurring repeated disturbing memory, and highlighting the need for **Psych-Oncologist** evaluation.

Aim:

- Screen PTSD during pre-HSCT evaluation. Inform coping support referrals.

Participants:

- Pre-HSCT adult patients (n = 18)

Intervention:

- In addition to standard evaluation by social workers, patients completed the PCL-5*, a 20-item self-administered questionnaire, validated to screen for PTSD.

*PTSD, N.C.f. Using the PTSD Checklist for DSM-5 (PCL-5). 2022 <https://www.ptsd.va.gov/professional/assessment/documents/using-PCL5.pdf>.